



## **WEEKLY MEN'S & WOMEN'S DRUG & ALCOHOL RECOVERY GROUPS**

Come and take part in one of our groups that provides a practical hands-on-approach, which shows you how to integrate recovery into your everyday life.

You will receive support, encouragement and make meaningful connections with others who can relate to your experiences. The group will give you a new perspective and allow you to self-reflect, challenge barriers to change and develop new coping strategies and skills.

***AMPLIFY Men's Group*** | ***Every Wednesday @6.30pm***  
***FOCUS Women's Group*** | ***Every Thursday @3pm or 5pm***

Contact us today on **09 950 7780** or **info@clinic77.org.nz**  
to enquire further or to confirm your place in the group.

Find us on 

bldg 8 / 15 accent drive / east tamaki / auckland

**CLINIC77.ORG.NZ**